



PREDNISONERX INSTRUCTIONS

You have been prescribed Prednisone \_\_\_\_\_ mg tablets. Please take as directed. We recommend that you take prednisone with a meal to lessen the chance of stomach irritation.

- Take \_\_\_\_\_ pill(s) (all at once, in the morning) for \_\_\_\_\_ day(s)
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We have placed you on a slow taper of prednisone to reduce the risk of your condition rebounding. This is considered short-term therapy. Problems from short-term prednisone are uncommon but may include insomnia, mood changes, increased blood sugar, increased appetite, weight gain, infection, stomach ulcer and avascular necrosis.

Prolonged use of prednisone (more than one to two months) has some risks, including, but not limited to weight gain, insomnia, osteoporosis, mood changes, diabetes, susceptibility to infection, glaucoma and high blood pressure.