



POST BIOPSY INSTRUCTIONS

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A biopsy of your skin was performed today. The sample removed will be sent to the lab and tested, and the results will be sent back to us in about a 7-10 days. If your insurance policy requires that your specimen be sent to a certain lab, you must notify us immediately. We do not know what lab is approved by each insurance policy. If we send your specimen to a lab that is not covered by your insurance, you will be responsible for paying that lab for the service provided.

WOUND CARE

- Keep dressing dry and in place for 24 hours or _____.
- Wash site daily with gentle cleanser, then pat dry. Keep biopsy protected with Vaseline or antibiotic ointment and a Band-Aid until wound is healed. Vinegar soaks may be helpful for healing and reduction of risk of infection. Instructions are below.
 - 1 Tbsp white vinegar in 1 pint warm water; soak with soft cloth or gauze for 10-15 minutes; pat dry; apply ointment and bandage; repeat 1-2 times daily until healed.
- You may experience some minor discomfort or tenderness. There also may be a small amount of redness or oozing. If any significant pain, redness, drainage, or odor occur, please contact us through Klara (send pictures and description of problem) or call the office at 205.877.9773.
 - Messages will only be checked during office hours. We have an "after hours" option for urgent matters when the office is closed.
- If you experience significant bleeding, hold direct pressure to site for 10 minutes without peeking. If bleeding continues, continue to hold pressure and notify us.
- If sutures were placed, please schedule nurse visit in _____ days for removal.

WHEN WILL I RECEIVE MY TEST RESULTS?

- Most results will be delivered through Klara. Please make sure your Klara account is activated.
- All other results will be delivered over the phone.
- Test results typically come between 7-10 business days, but can take longer.
- If you have not heard anything from us after 14 business days, please contact us.
- WE WILL ALWAYS NOTIFY YOU OF YOUR TEST RESULTS, EVEN IF THE RESULT IS BENIGN.
- NO NEWS = NO NEWS.

**THANK YOU FOR TRUSTING US WITH YOUR
SKIN HEALTH. WE CONSIDER IT AN HONOR
AND A PRIVILEGE TO TREAT YOU.**