



THE SKINNY ON COOLSCULPTING®

CoolSculpting® uses controlled cooling to freeze and permanently eliminate fat resistant to diet and exercise.

IS IT SAFE?

Yes! There are no needles, no anesthesia and no heating or cutting of tissue. Fat cells are more sensitive to cold than their neighboring structures, thereby allowing organs, nerves, blood vessels, muscle and skin to be left unharmed. CoolSculpting is FDA-approved and is the number one non-invasive fat reduction procedure.

WHY SHOULD I HAVE COOLSCULPTING DONE AT VILLAGE DERMATOLOGY?

Since 2007, we have performed over 2,500 treatments at Village Dermatology. We have our own Master CoolSculpting Specialist, Jane, who performs all CoolSculpting procedures at Village Dermatology! Jane is only one of a few CoolSculpting Masters in the entire state of Alabama and is trained in advanced clinical excellence and specialized treatment techniques. We also stay on top of the latest innovations to offer you shorter treatment times and better results.

IS COOLSCULPTING A WEIGHT LOSS PROCEDURE?

CoolSculpting is not a weight loss procedure and is not recommended for obese patients. Good candidates have noticeable bulges they would like to get rid of. We like to say "If you can squeeze it, we can freeze it!"

ARE RESULTS PERMANENT?

Unlike many "fat removal" procedures available, CoolSculpting results are permanent with a healthy lifestyle.

WHAT IF I GAIN WEIGHT IN THE FUTURE?

We recommend maintaining a healthy lifestyle, but weight gain will not cause excess fat in untreated areas. Fat cells in treated areas may enlarge, but no new fat cells will form, minimizing weight gain in the treated areas.

HOW LONG WILL IT TAKE TO SEE RESULTS?

You may notice results as early as three to four weeks, but this is usually uncommon. Due to the natural elimination of dead fat cells, patients typically see results in three months.

HOW MUCH DOWNTIME SHOULD I EXPECT?

None! Some patients schedule their treatments during their lunch break and return to work right after!



HOW LONG DOES THE TREATMENT TAKE?

Each cycle is 35-45 minutes, depending on treatment area. Most areas require two sessions per treatment area (right and left sides). We have two CoolSculpting machines at our office that allows patients to treat two areas at the same time. You will be given a treatment time estimate at your consultation.

WHAT DOES IT FEEL LIKE?

You will feel intense cold for the first five to ten minutes. This soon dissipates as the area goes numb. With some applicators, you will feel pulling as suction is applied. Many people read, work on their laptop or take a nap during their treatment. You may feel some tingling or discomfort as the area is massaged after treatment.

WHAT AREAS DO YOU TREAT?

We offer treatments for the upper abdomen, lower abdomen, love handles, thighs, upper and lower back, underarm bulge, triceps, above the knee, underneath the buttocks and double chin.

HOW MUCH CAN I EXPECT TO SPEND?

Every patient and treatment plan is unique. Typically patients need at least two sessions per treatment area to see full results. You will receive a customized treatment plan and cost at your consultation.

Estimated Total Cost per Treatment area (for most commonly treated areas): Chin: \$750 Abdomen: \$1500+ Love Handles: \$1500+ Upper Arms \$1500+ Upper Back: \$1500 Inner Thighs: \$1500

HOW CAN I SAVE ON COOLSCULPTING AT VILLAGE DERMATOLOGY?

- Purchase four or more treatments and receive 10% off or eight or more treatments to receive 20% off.
- Attend one of our CoolSculpting events or our annual Holiday Open House and receive up to 20% off CoolSculpting. (Events are held several times per year, discount cannot be combined with other offers.)

I'M IN, HOW DO I GET STARTED?

- Call 205.572.4906 to schedule a consultation.
- Visit villagedermatology.net and visit the "CoolSculpting" tab.

JANE VICKERS

Master CoolSculpting Specialist

205.572.4906