

## Living Social – Three Laser Hair Removal Treatments at Village Dermatology for \$99 – Patient Information

Please fill out this form and either print and fax to us at 205-877-9775 or email the form to us at [reception@villagedermatology.net](mailto:reception@villagedermatology.net). Upon receiving your form we will call you to schedule your treatment.

Today's Date\_\_\_\_\_

Name\_\_\_\_\_ Date of Birth\_\_\_\_ Sex\_\_\_\_ Date\_\_\_\_\_

Phone number where you would like us to call:

My Skin Type is: Fair \_\_\_\_\_ Olive\_\_\_\_\_ Dark\_\_\_\_\_ (Asian/Hispanic) Black \_\_\_\_\_

My unwanted hair type is: Coarse\_\_\_ Fine\_\_\_\_\_ Comments:\_\_\_\_\_

My unwanted hair color is: Black\_\_\_\_\_ Brown\_\_\_\_\_ Red\_\_\_\_\_ Blonde\_\_\_\_\_ Gray\_\_\_\_\_

Do you have any chronic illnesses?  Yes  No

Do you have a history of keloid/hypertrophic scarring?  Yes  No

Are you pregnant or nursing?  Yes  No

Have you had recent sun exposure without sunscreen or spray tan in last 2 weeks?  Yes  No

Are you a current patient at Village Dermatology?  Yes  No

### Areas you wish to be treated: (check all that apply)

Upper lip     Chin     Bikini line     Underarms     Other (not part of coupon but can be added on)

### Previous Hair Removal Methods

\*(Treatment method would include waxing, plucking, electrolysis, or laser)

Area treated	*Treatment method	Date of last treatment	# of treatments done	Frequency of treatments
Upper Lip				
Chin				
Bikini line				
Underarms				



## Hair Removal Pre & Post Care Instructions

### BEFORE your Treatment:

1. No recent sun exposure to treatment area, without sunscreen, 7 days prior to your treatment.
2. Discontinue the use of: exfoliating creams such as Retin-A, Differin, Glycolic acid, alpha-hydroxy acid products 3-5 days prior to and during the entire treatment course.
3. The treatment area should be shaved or closely clipped before coming to the office the day of your first treatment and before all subsequent treatments. This will result in decreased pain, decreased skin reactions and an increase in optimum results.
4. **No** tweezing, waxing, sugaring, threading, electrolysis or any other epilation method for at least 2 weeks prior to treatment and for the duration of the treatments. The hair must be in the follicle to be permanently disabled.
5. Please do not come for your treatment with a tan or sunburn or the treatment may have to be rescheduled.

\* Numbing cream is available and can be purchased over the counter. We recommend LMX5. Please apply your numbing cream 30 minutes prior to arriving to our clinic.

### AFTER your Treatment:

1. A mild sunburn-like sensation is expected. This usually lasts 5-10 minutes but can persist up to 24 hours, individuals may vary. Mild swelling, tenderness and/or redness may accompany this, but it usually resolves in 2-3 days.
2. In rare cases, prolonged redness or blistering may occur. An antibiotic ointment (Polysporin, Bacitracin) may be applied to the affected areas twice a day until healed.
3. Bathe or shower as usual. Treated areas may be temperature-sensitive. Cool showers or baths will offer relief. Avoid scrubbing, use of exfoliants, scrub brushes and loofah sponges until the treatment area has returned to its pre-treatment condition.
4. Apply an SPF 30 sunscreen or greater to prevent skin color change.
5. For dry and itchy skin, apply a moisturizer twice a day until resolved.
6. The appearance of hair growth or stubble will continue for 7-30 days post-treatment. This is not new hair growth but the treated hairs being expelled from the skin. Hairs that were in the 'resting phase' of growth at the time of your treatment will enter the active phase in 1-2 months, depending on the body area.

Typically, five treatments are needed to achieve the desired results. Follow up treatment intervals are as follows: Face: 4 weeks, Arms/underarms: 4-6 weeks, Bikini: 6 weeks, Legs: 6 weeks. Do not pick or remove scabs or crusting should they appear. Clipping and shaving is permitted during treatment course. Please keep all follow up appointments and do not hesitate to call our office (205.877.9773) if you have any questions or concerns.